

EVENTS

January 7 (Thursday)
Sonoma ASA Meeting
5:00pm – 7:00pm
99 Sixth Street @ Wilson
in Railroad Square
Santa Rosa, CA

January 13 (Wednesday)
East Bay ASA Meeting
Oaksterdam Student Union
1915 Broadway Oakland, CA

January 18
Martin Luther King Jr. Day
Stop by our 3 locations for our
holiday special!

Do you need help picking up your medicine?

Both OrganiCann and Oakland Organics now have on-site notaries that can designate a caregiver to pick up your cannabis for you! Ask our front desk staff for hours and details!

OrganiCann & Oakland Organics Hours:
Mon. - Fri: 10am - 7pm
Sat. - Sun: 10am - 6pm

MendoCann Hours:
Mon. - Fri: 10am - 6pm
Sat. - Sun: 10am - 5pm

PAIRING OF THE MONTH

Sonoma Valley Grape and Sonoma Valley Grape NCC CO2 Cartridge

Sonoma Valley Grape is a local classic, a purple strain with a high potency level of 27.85% THC. These flowers achieve unusual density despite being cultivated outdoors, and have now been cured to perfection. The complex flavors of this strain are currently at their best, revealing a unique bouquet of dark fruit and hash. Sonoma Valley Grape is the perfect strain for taking it easy, anxiety relief, and getting a good night's sleep. Now available in bud form or in a convenient and discreet vape pen cartridge, enjoy this strain right before bed, or on a gloomy day when you want nothing more than to relax at home.



EDIBLE OF THE MONTH

Natural Cannabis Co. Cozy Chamomile Tea \$10 per pack

Happy New Year! Start it off right with this Cozy Chamomile Tea. This is a healthier edible option ideal for the cold weather that provides a moderate relaxation effect.



Natural Cannabis Co. premium medical cannabis can be found at the following locations:

OrganiCann 301 East Todd Rd, Santa Rosa
Oakland Organics 721 Broadway, Oakland
MendoCann 13325 South Hwy. 101, Hopland

RECIPE OF THE MONTH

Power Honey Glazed and Dazed Roasted Root Veggies

With these roasted winter root veggies, you can enjoy edible cannabis while still observing your New Year's resolutions!



Ingredients-

- 5 ½ pounds root vegetables, (any combination of parsnips, carrots, celery root and beets, peeled and sliced ½ inch thick.)
- 1/2 cup extra-virgin olive oil
- 1/2 cup or 4 oz. Natural Cannabis Company Power Honey (unflavored)
- 6 thyme sprigs
- Salt and freshly ground pepper
- 2 tablespoons sherry vinegar

Directions-

- Toss the root vegetables with the oil, honey and thyme in a bowl.
- Season with salt and pepper.
- Spread veggies in one layer between 2 baking sheets with sides, and cover with foil.
- Roast in a 425°F oven for approximately 20 minutes.
- Turn pan and roast for 20 more minutes, or until veggies are tender.
- Uncover and discard foil.
- Roast for 10 more minutes, before returning the vegetables to the bowl and tossing with vinegar, salt and pepper.



HIGH ART IS ALMOST HERE.
 ARTISTS GET READY! THIS YEAR'S THEME IS:
CANNABIS AROUND THE WORLD
 AND THERE IS AN UNPRECEDENTED
FIRST PLACE PRIZE OF \$10,000
 DON'T MISS YOUR CHANCE TO LEAVE YOUR
 MARK ON OUR CANNABIS. WE WILL BEGIN
 ACCEPTING ENTRIES ONLINE ONLY
 IN FEBRUARY.

HIGH ART!



JOIN THE NATURAL CANNABIS COMPANY'S



HIGH SOCIETY

Members of High Society receive access to VIP events and quarterly boxes stocked with goodies at a discounted rate. Don't miss out! The next quarterly box will be released in February!

NATURAL CANNABIS COMPANY
 is teaming up with Last Kings to
 introduce the newest High Life
 packaging!



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naturalcannabis.com



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oakland-organics.com



CULTIVATING WISDOM™

JANUARY CULTIVATING TIP

KEEP IT COZY

If you are housing an indoor or greenhouse grow this season, be mindful of other ways to keep your cannabis plants cozy during these cold weather months. While young cannabis plants can be particularly susceptible to frost, heating an entire room or greenhouse to a comfortable temperature around the clock may be more expensive than is manageable. Focusing your energy on heating your beds instead can be a great alternative. It can conserve energy, cut costs and promote color change because while your soil will be warm, the surrounding environment will remain cool. One budget-friendly way to heat beds is by putting a layer of manure and straw under the soil; it's old-fashioned and pungent, but it will work. A more advanced way to warm beds is to run black hoses through the beds and pump warm water through those hoses. The expense of heating the water will be easier to accommodate than that of heating a room and with a little ingenuity, you can recycle the water moving through.

The world today doesn't make sense, so why should I paint pictures that do? ~ Pablo Picasso

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